



Mentoring Professionals at the **Mentoring Breakfast Forum** on May 5, 2010



Our mission is to pair youth in NYC with a caring adult in a quality, structured mentoring program. Since our founding in 1992, MPNY has touched the lives of over 100,000 children.

The Heart of Mentoring

Information and Insights for the Mentoring Community

When Mentoring Matches Don't Last

What do you do when mentors become disillusioned and disappointed with their matches? This is what the research says about long lasting matches: In less satisfying relationships there is often an **inconsistency of contact**. From the youth's point of view, adults who use a **prescriptive** (their own ideas about what is best for the youth) approach are less satisfied with the relationship **as opposed to** adults who take a **youth oriented approach**. **Insufficient pre-match training** (less than two hours of training) often equals lower levels of mentor satisfaction. The **mentor's perception** that the mentee lacks motivation can be demoralizing. **Inadequate agency support** can lead to staff missing opportunities to shore up relationships. And finally, **unfulfilled expectations** regarding the mentoring relationship is a significant factor leading to early match termination.

When you think back on matches that terminated early how many endings may have been attributed to false expectations on the part of the mentor or mentee? Exploring the expectations of mentors and mentees is something that can be overlooked when matches are being made. Like it or not, all of us have definite ideas, hopes, fears and wishes about the mentoring relationship. When the reality of the relationship is out of sync with our preconceived ideas we begin to doubt our value or the credibility of the match.

Program coordinators can help mentors with these feeling both prior to matching and throughout the relationship. Mentors should be made aware of the positive and negative impact termination can have on mentoring relationships. Exploring mentor candidates perceptions of mentoring prior to matching will enable them to monitor their thinking. It's good to remind volunteers that if at anytime during the match they feel disappointed or discouraged with the relationship, it is not necessarily because there is something wrong with them or the mentee. Rather, they may feel disappointed because their expectation of what the relationship would be like did not come true.

JOIN US ON FACEBOOK TO STAY INFORMED!



WHY?

- Learn about upcoming FREE workshops & trainings
- Read the latest mentoring news and research
- Acquire information about becoming a mentor
- Find out about activities for matches in NYC
- Engage in conversations about youth mentoring with your peers
- Get information on special events
- Post updates/volunteer opportunities about your program on our wall

HOW?

Go To: <http://www.facebook.com/MentoringNY>

Click: "like"

Our posts will automatically be in your newsfeed!

May 2010

Volume 2, Issue 3

"Do what you can, with what you have, where you are"

-Theodore Roosevelt

We would like to offer the **FREE** use of our conference room when available during the hours of 9-5 p.m.

Please inquire about availability 3 weeks in advance. **Contact:** siragorri@mentoring.org

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Funding Opportunities

Collaboration as a Funding Opportunity

- Collaborations– working together for a common goal or activity. These may include joint purchasing, subcontracting services, or joint staff activities.
- Creative strategies will allow organizations to strengthen their programs and build capacity.
- Funders are making fewer grants and are increasingly interested in collaboration.
- Collaborations offer a way to focus on strengths and offer the best centralized and decentralized capacities across many areas.

The **LodeStar Foundation** supports long-term collaborations among nonprofits working in the same area in order to increase efficiency, reduce duplication of efforts and maximize impact through the application of sound business practices.
www.lodestarfoundation.org

*curiosity of Audrey Winkler, Co-Founder of CommonBond



FREE ACTIVITY FOR MENTORING PAIRS, SURFING!

Stoked Mentoring is sponsoring mentoring pairs from all over the city to join them in their surf program this summer.

Stoked Will Provide:

- Fully trained volunteers to teach surfing, Certified lifeguards, Swim lessons, Insurance, Surf gear, Food, Lots of FUN!

Contact Bret at breton@stoked.org or 917-262-3217



Comfort Zone Camp is the nation's largest FREE bereavement camp

CZC Will Provide:

- Services to children ages 7-17 who have lost a parent, sibling, or primary caregiver, free weekend camps in NJ, FREE adult support groups, and FREE transportation for families

For More Info. : www.comfortzonecamp.org



Jean Lahage Cohen,
Executive Director

Bruce Beckwith, Director of Services

Jeff Elgart, Program Services and Outreach Director

Sara Iragorri, Manager of Special Events and Communications

Muriel Kerr, Administrative Assistant

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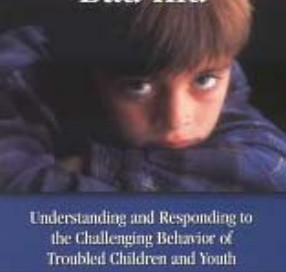
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No Such Thing As a Bad Kid



Charles D. Appelstein, MSW

MPNY has invited author, **Charlie Appelstein, MSW**, youth advocate and child development specialist to **New York City** to run a comprehensive **two-day seminar** which will highlight the key principles and techniques of strength-based theories.

Understanding and Responding to At-Risk Youth Using Strengths-Based Theories and Practices

When: August 16th and August 17th, 2010

Location: NYC / Venue TBA

Time: 9am-4pm

DON'T MISS THIS!

For more Information: www.mentoring.org/newyork/mentoring_institute/charliea_training/

Mentoring Institute: Training Schedule

The Following Trainings are held at the MPNY office: 122 East 42nd Street, Suite 1520

Go to http://www.mentoring.org/newyork/mentoring_institute/ for more information and to register

Developing a Mentoring Program Utilizing the Elements of Effective Practice: A great session to attend if you are developing a mentoring program, or are interested in strengthening an existing program. Don't miss your opportunity to take home the *Elements of Effective Practice Toolkit*, a must-have resource for any youth mentoring program!

Next Sessions:

July 13th 9:00-4:00PM

August 24th 9:00-4:00PM

The Art of Fingerprinting: How to Roll Good Impressions For Volunteer Mentors: This training session will teach participants how to accurately roll fingerprints of potential mentors for submission to SafetyNet directly from your office.

Next Session:

June 22nd 2:00-4:00PM