

Community Mentoring for Adolescent Development Trainer's Manual

Originally developed by Baylor University to train college students to mentor young adolescents, the *Community Mentoring for Adolescent Development* (CMAD) manual (10.6 MB) has been revised and updated by MENTOR/National Mentoring Partnership. It is presented in full text and by chapter in PDF format and also in MSWord so you can choose a format that best fits your needs.

In addition to the usual mentor training topics (goal-setting, decision-making, mentoring relationship stages), the manual provides extensive content for preparing mentors to work with adolescents (adolescent development, middle school transitions, self-awareness, alternatives to violence, and health concerns like smoking, drug use, HIV infection, teen pregnancy and eating disorders).

Each chapter includes a suggested lesson plan outline, overhead visuals, and training activities for planning and presenting the content in that chapter. You will also find extensive bibliographies and template documents. You'll find that you can adapt much of the content to train mentors working with younger children, as well.

Since the PDF of the *Community Mentoring for Adolescent Development* (CMAD) manual is large (10.6 MB), each individual chapter has also been converted separately to PDF and Microsoft Word enabling you to customize the sample tools and templates:

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