With this guide, mentoring programs, practitioners, and mentors can reflect on their experiences, biases, and assumptions to more effectively leverage their strengths and the power of mentoring to support young people. We hope that you'll help us spread the word about the release of the guide on social media using the following sample messages and accompanying graphics.

**SAMPLE MESSAGES**

**Twitter:**

.@MENTORnational has a NEW resource for mentors everywhere to help promote healthy expressions of manhood & unpack toxic masculinity with their mentees and all young people. Download the guide at mentoring.org/masculinity today to get the conversation started #MentorIRL @jpmorgan

NEW RESOURCE: "Conversations about Masculinity: How Mentors Can Support Young Men of Color" - This research-backed & youth-informed guide is a roadmap for unpacking masculinity with all young people. Download at mentoring.org/masculinity #MentorIRL @MENTORnational @jpmorgan

.@MENTORnational launched a new resource aimed at supporting mentors everywhere in helping to promote healthy expressions of manhood & masculinity. "Conversations about Masculinity: How Mentors Can Support Young Men of Color" is available now at mentoring.org/masculinity #MentorIRL

**Facebook:**

In partnership with JPMorgan Chase & Co., MENTOR just launched a new resource for mentors everywhere to help promote healthy expressions of manhood & masculinity. This research-backed & youth-informed guide is a roadmap for unpacking toxic masculinity with all young people, and particularly young men of color. The guide, Conversations about Masculinity: How Mentors Can Support Young Men of Color, is now available for download at www.mentoring.org/masculinity. #MentorIRL

**SOCIAL MEDIA ACCOUNTS**

Digital Assets: Social Media Graphics & Guide
Website: www.mentoring.org/masculinity
Twitter/ Facebook: @MENTORnational
Instagram: @mentornmp
LinkedIn: MENTOR: The National Mentoring Partnership

#MentorIRL