

Developmental Assets Tie– in: 1. Family Support, 3. Other Adult Relationships, 4. Caring Neighborhood, 14. Adult Role Models, 15. Positive Peer Influence

Material: #7 The Support Around You Sheet, Colored Pencils and Pens

4th Grade Session #1 The Support Around You

Opening (5min)

How's the week? Anything new?

Project (10min)

- What does "support" mean?
- Think about the people in your life: Who supports you?
- (Parents, close family, teachers, neighbors, friends, coaches, or pastors.)
- Write your name in the middle circle below. (Mentor: You make one too!)
- Add the names of support people and those you trust around your name.
- Decorate the circle of the person(s) you'd like to concentrate on developing a relationship.

Process (10min)

- Who are your best/closest friends? What do you like best about them?
- Tell me about/share a time when your friend(s) stepped up and encouraged or discouraged you from making a big mistake?
- How does having other adults influence your life help you?
- Tell me about/share a time when one of these adults helped to positively influence an important decision you've made in your life.

Walk Out (5min)

- Look at your circle sheet again, who is one person you would like to know better?
- What is one thing you can do to let him or her know they are important?
(Mentor: You too!)