During National Mentoring Month, our movement:

- **Raises** public awareness of mentoring
- **Celebrates** the powerful impact of mentoring relationships
- **Recruits** individuals to mentor, especially for programs that have waiting lists of young people
- **Advocates** for institutions to integrate quality mentoring into their policies, practices and programs

    **Each year since its launch over 20 years ago,**
    **National Mentoring Month has enjoyed strong bipartisan support from the President,**
    **Members of Congress, Governors, Mayors and other elected officials.**

**HOW CAN MEMBERS OF CONGRESS PARTICIPATE?**

- **Co-sponsor the National Mentoring Month Resolution.** Contact Rachel Fybel in Sen. Whitehouse’s office ([Rachel_Fybel@whitehouse.senate.gov](mailto:Rachel_Fybel@whitehouse.senate.gov)) to sign on.
- **Deliver a public statement/speech in support of mentoring.** Senators are invited to share a short speech on the Senate floor or on their social media at any time throughout the month to talk about their own mentoring relationships, or highlight a program from their state. Check out MENTOR’s sample speech [here](#) and sample social media [here](#). Additional sample social media from the Youth Mentoring Caucus can be found [here](#). Don’t forget to use the hashtag #MentoringMonth!
- **Join the Youth Mentoring Caucus.** The bipartisan [Congressional Youth Mentoring Caucus](#) hosts briefings and provides opportunities to expand quality youth mentoring relationships across the country. Contact MENTOR if you’re interested in starting the Senate caucus.
- **Support legislation to expand funding for quality mentoring.** Sign on as an original co-sponsor of the Mentoring to Succeed Act ([Kaylee_Mulgrew@durbin.senate.gov](mailto:Kaylee_Mulgrew@durbin.senate.gov)) and Transition-to-Success Mentoring Act ([Gloria_Nunez@booker.senate.gov](mailto:Gloria_Nunez@booker.senate.gov)), which will both be introduced this month.
- **Visit a mentoring program in your community.** Use the [Mentoring Connector](#), the largest database of programs in the country, to locate programs in your state.
- **Meet with a mentoring advocate from your district.** Constituents from programs in your district will be advocating on January 25th. Be on the lookout for meeting requests!

*For more information or questions, please email Caden Fabbi at [cfabbi@mentoring.org](mailto:cfabbi@mentoring.org).*