In Support of Full Inclusion for Transgender and All LGBTQI+ Youth: An Open Letter from the Civil and Human Rights Community

On behalf of The Leadership Conference on Civil and Human Rights, a coalition charged by its diverse membership of more than 230 national organizations to promote and protect the civil and human rights of all persons in the United States, and the 145 undersigned organizations, we call for the full inclusion, protection, and celebration of transgender, nonbinary, and intersex youth. As organizations that care deeply about ending sex-based discrimination and ensuring equal educational opportunities for all students, we support laws and policies that protect transgender, nonbinary, and intersex people from discrimination, including participation in sports, access to gender-affirming care, access to school facilities, and access to inclusive curriculum. We reject the bigoted, ignorant, mean-spirited, and discriminatory policies currently being considered by far too many state legislatures, which seek to exclude and render invisible transgender, nonbinary, and intersex people, in addition to criminalizing the faculty and adults who support them. These legislative attacks foster an environment that promotes bullying, scrutiny, and body policing of all students while depriving them of the essential support they need to learn — creating an environment where no student is included and safe.

The attacks on transgender, nonbinary, and intersex youth are harmful to all students and undermine the learning environment for everyone. Currently, there is an unprecedented wave of proposed and enacted laws across the country that aim to make participating in school intolerable for LGBTQI+ students — especially transgender, nonbinary, and intersex students. These laws aim to shut these young students out of school activities such as sports, ban them from school facilities such as restrooms, prohibit discussion of their very existence in classrooms, prevent them from reading the books that reflect their lives, and punish educators and families who help them access necessary and life-saving gender-affirming care and treat them with dignity and respect. In addition to the record number of proposed state sports bans targeting transgender students, federal legislation recently passed the House of Representatives that would amend Title IX

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1 “Intersex” is an umbrella term used to refer to people who are born with or naturally develop variations in sex characteristics, such as genitals, chromosomes, hormones, and/or internal organs, that may be perceived as not fitting binary definitions of male or female.

2 There are more than 400 bills active in state legislatures targeting transgender students, including the restriction of health care for transgender youth, single-sex facility restrictions, the exclusion of transgender youth from athletics, other school or curriculum restrictions, and restrictions on accessing accurate identification. Source: ACLU, Mapping Attacks on LGBTQ Rights in U.S. State Legislatures (June 2, 2023), available at https://www.aclu.org/legislation-affecting-lgbtq-rights-across-country
to prevent transgender, nonbinary, and intersex students from playing school sports. These proposals seek to punish and harm a population of young people already marginalized by stigma, bullying, and harassment.

The record number of bills seeking to exclude transgender, nonbinary, and intersex youth from athletics not only harm the mental health of trans youth and significantly decrease their opportunities to play, but they also harm all women and girls by policing their bodies. This also especially harms Black and Brown women and girls, who have long been subjected to racist scrutiny for failing to conform to white-centric }

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5 List of bills active in state legislatures excluding transgender students from athletics:


6 The many bills seeking to exclude transgender students — and in many cases, specifically transgender girls and women — from school athletics are already having a negative impact on the mental health and wellbeing of all LGBTQ+ youth and particularly those who are transgender and nonbinary. A 2023 poll conducted by The Trevor Project found that two-thirds of LGBTQ youth report that the recent debates about state laws restricting the rights of transgender people has impacted their mental health negatively. The Trevor Project. (2023). 2023 U.S. national survey on the mental health of LGBTQ young people.

https://www.thetrevorproject.org/survey-2023/assets/static/05_TREVOR05_2023survey.pdf

7 For example, the Utah commission set up to implement its sports ban launched an investigation to determine whether a cisgender girl was truly a girl on the basis that she didn’t “look feminine enough” and was outperforming other students. Marjorie Cortez, After a girl beat their daughters in sports, Utah parents triggered investigation into whether she was transgender, DESERET NEWS (Aug. 17, 2022), https://www.deseret.com/utah/2022/8/17/23310668/school-investigates-female-athlete-transgender-complaint
notions of femininity.⁸ We reject the suggestion that girls and women who are cisgender⁹ benefit from the exclusion of girls and women who are transgender or intersex.¹⁰ State leaders who care about women’s and girls’ sports should reject these bills and instead focus on closing the gender and racial disparities in athletics opportunities and participation and on protecting student athletes from sexual abuse.¹¹,¹²

Transgender students face disproportionately high rates of sex discrimination at school, including sexual assault and harassment or bullying because of their gender identity and gender expression.¹³ Transgender and nonbinary people of color face even deeper and broader patterns of discrimination than their White

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⁸ Anna North, “I Am a Woman and I Am Fast: What Caster Semenya’s Story Says about Gender and Race In Sports,” VOX (May 3, 2019), https://www.vox.com/identities/2019/5/3/18526723/caster-semenya-800-gender-race-intersex-athletes (Caster Semenya, a Black woman and sprinter, was forced to submit to a battery of invasive medical tests because of her speed and success as an athletic track athlete, for the purpose of determining whether she was “feminine enough” to continue competing with women); Human Rights Watch, “They’re Chasing Us Away from Sport:” Human Rights Violations in Sex Testing of Elite Women Athletes (Dec. 4, 2020), https://www.hrw.org/report/2020/12/04/theyre-chasing-us-away-sport/human-rights-violations-sex-testing-elite-women/6040 (Dutee Chand, an Indian woman and a sprinter, was ordered by an international sporting body to undergo invasive medical exams after she faced scrutiny from her teammates for her “stride and musculature” being too “masculine”).


¹² Twenty-one states have passed laws barring transgender students from participating on the school athletic team or program that aligns with their gender identities and many have implemented discriminatory regulations. GLSEN. (2023). GLSEN Navigator: Trans and Nonbinary Athletic Inclusion Policies. Available at: https://maps.glsen.org/trans-and-nonbinary-athletic-inclusion-policies/ (Accessed June 8, 2023)


transgender peers. They14 are more likely to report missing school because they felt unsafe or uncomfortable and less likely to report that they planned to complete high school. Source: GLSEN. (2022). Improving School Climate for Transgender and Nonbinary Youth. 

Transgender, nonbinary, and intersex students deserve to be included in all school programming, including athletics programs, consistent with their gender identity.

Not only do these proposals harm students and limit educational opportunity, but the discrimination they mandate is illegal. Various federal courts have held that preventing trans students from accessing sex-
separated education programs and facilities violates the Equal Protection Clause, Title IX, and other civil rights laws preventing sex discrimination. These sports bans will not only put transgender, nonbinary, and intersex students at risk in violation of the law, but they also put states’ federal educational funding in jeopardy as well by forcing them to violate federal civil rights laws.

Excluding transgender students from athletics is a false solution in search of a nonexistent problem. For more than a decade, state athletic associations around the country have implemented eligibility policies that ensure transgender student athletes can compete consistent with their gender identity. Those inclusive policies have benefited all students, including cisgender girls and women. There is no evidence that the participation of transgender girls and women has affected the level of play in states with inclusive policies. Furthermore, data from the Centers for Disease Control and Prevention suggest that girls’ athletics participation has increased or stayed the same in those states that have inclusive sports policies, while girls’ athletics participation has declined in states with discriminatory policies.

All families and young people deserve access to medically necessary health care, including gender-affirming care, to promote their safety, health, and wellbeing.

State lawmakers have also sought to ban widely accepted medical care for transgender youth and to criminalize their families as well as school staff and other adults who help them access this necessary care and treat them with dignity and respect. Other laws recently proposed or enacted by some states ban


23 David Crary & Lindsay Whitehurst, Lawmakers can’t cite local examples of trans girls in sports, ASSOCIATED PRESS (Mar. 3, 2021), https://apnews.com/article/lawmakers-unable-to-cite-local-trans-girls-sports-914a982545e943ecc1e265e8c41042e7.

24 CAP Report, supra note 10, at 14-16.

25 List of bills active in state legislatures restricting healthcare for transgender youth:

transgender students from using the same school facilities as their peers; to ban discussion of their very existence from the classroom; and to force educators to punish students for coming out at school by outing them at home, even if they may be abused as a result. Because of the victimization, intense discrimination, and lack of affirming school spaces and policies transgender students experience, they face disproportionately high rates of suicidal thoughts and behaviors — and bills that shut people out of gender-affirming care threaten their safety, health, and wellbeing by contributing to this stigma. Research shows that gender-affirming care provides long-term mental health benefits for transgender people, including a reduction in suicidal ideation and attempts. State leaders who care about life-saving care should reject these bills and instead ensure all families and young people can access medically necessary health care.

**Transgender, nonbinary, and intersex youth deserve the chance to succeed and thrive in safe and inclusive school environments like any other child.**

Several states have also rushed to pass “Don’t Say Gay or Trans” laws, which ban discussion of the very existence of LGBTQI+ people, history, their lives, and their contributions. For example, Florida’s “Don’t Say Gay or Trans” law makes it illegal, in some cases, and otherwise creates new and vague barriers to discussing LGBTQI+ topics, including the existence of transgender people. Research shows that these laws contribute to a hostile school climate. LGBTQI+ youth in states with these laws

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29 There is a growing consensus among expert and medical organizations on that gender-affirming health care is medically necessary, this includes the following: American College of Obstetricians and Gynecologists (ACOG); World Medical Association (WMA); American Medical Association (AMA); Pediatric Endocrine Society; Endocrine Society; American Academy of Child & Adolescent Psychiatry (AACAP); World Professional Association for Transgender Health (WPATH); American Public Health Association (APHA); and American Psychological Association (APA). Transgender Legal Defense and Education Fund. (n.d.). Medical Organization Statements on transgender health care. Medical Organization Statements on Transgender Health Care - Trans Health Project. Retrieved May 20, 2022, from [https://transhealthproject.org/resources/medical-organization-statements/](https://transhealthproject.org/resources/medical-organization-statements/)

30 List of bills active in state legislatures restricting access to inclusive curriculum: H.B. 401 (Alabama); S.B. 1028, S.B. 1026, S.B. 1030, S.B. 1698 (Arizona); S.B. 43 (Arkansas); H.B. 999, S.B. 266 (Florida); H.B. 265 (Idaho); S.F. 348 (Iowa); S.B. 149, S.B. 201 (Kansas); S.B. 115 (Kentucky); S.F. 933, H.F. 1903 (Minnesota); H.B. 494, H.B. 498, S.B. 429, S.B. 693 (Missouri); H.B. 359 (Montana); L.B. 371 (Nebraska); S. 585 (North Carolina); H.B. 1205, H.B. 1333 (North Dakota); H.B. 2736 (Oklahoma); H. 3616 (South Carolina); H.B. 1116, H.B. 1125 (South Dakota); S.B. 3, H.B. 9, H.B. 30, S.B. 841 (Tennessee); H.B. 1266, S.B. 476, H.B. 643, H.B. 708, H.B. 4129, H.B. 4378, S.B. 2281, S.B. 1601 (Texas); S.B. 103, S.B. 253, H.B. 3176 (West Virginia)


32 Anti-LGBTQ+ legislation also affects the children of LGBTQI+ parents. The Williams Institute recently found that more than half of LGBTQI+ parents in Florida are considering leaving the state because of HB 1557 (Florida’s Don’t Say Gay Bill). Impact of HB 1557 (Florida's Don't Say Gay Bill) on LGBTQI+ Parents in Florida. Williams Institute. (January 2023). [https://williamsinstitute.law.ucla.edu/publications/impact-dont-say-gay-parents/](https://williamsinstitute.law.ucla.edu/publications/impact-dont-say-gay-parents/)

are more likely to experience harassment and assault based on their sexual orientation and gender expression than LGBTQI+ youth in states without these laws.\textsuperscript{34} In addition to reducing harassment, inclusive curriculum in courses such as health education is essential for LGBTQI+ youth to make informed decisions about their health and future and to avoid potential adverse health outcomes.\textsuperscript{35} For example, LGBTQ youth who found their school to be LGBTQ-affirming have reported significantly lower rates of attempting suicide.\textsuperscript{36} All students deserve access to an education that affirms their own identity, as well as the opportunity to see themselves and their families reflected in their school’s curriculum.

**An attack on transgender, nonbinary, and intersex youth is an attack on civil rights.** We call on state policymakers to reject attacks on transgender, nonbinary, and intersex youth, to commit themselves to meaningfully advancing policies that support equal opportunity,\textsuperscript{37} and to reassure all students in the nation’s classrooms that they will have the chance to learn, grow, and thrive. If you have any questions, please reach out to Steven Almazán, k12 education senior program manager at The Leadership Conference on Civil and Human Rights, at almazan@civilrights.org.

Sincerely,

**National Organizations:**

The Leadership Conference on Civil and Human Rights
The Leadership Conference Education Fund
American Association of University Women
American Federation of Teachers
American Humanist Association
Americans for Democratic Action (ADA)
Americans United for Separation of Church and State
Asian Americans Advancing Justice | AAJC
Asian Pacific Institute on Gender-Based Violence
Athlete Ally
Autistic Self Advocacy Network
Avodah
Bend the Arc: Jewish Action
CASA
Center for Law and Social Policy (CLASP)
CenterLink: The Community of LGBTQ Centers
Children's Defense Fund
Community Catalyst

\textsuperscript{34} Ibid.
COVID Survivors for Change
End Rape On Campus
Equality Federation
Family Equality
FORGE, Inc.
GLMA: Health Professionals Advancing LGBTQ+ Equality
GLSEN
Human Rights First
IDRA
Impact Fund
Japanese American Citizens League
Jewish Council for Public Affairs
jGirls+ Magazine
Justice and Joy National Collaborative (formerly National Crittenton)
JustLeadership USA
Keshet
Labor Council for Latin American Advancement
Lambda Legal
Manifest Justice
MENTOR
NARAL Pro-Choice America
National Association of Social Workers
National Black Justice Coalition
National Center for Learning Disabilities
National Center for Parent Leadership, Advocacy, and Community Empowerment (National PLACE)
National Council of Jewish Women
National Disability Rights Network (NDRN)
National Education Association
National Employment Law Project
National LGBTQ Task Force Action Fund
National Partnership for Women & Families
National Urban League
PFLAG National
Public Justice
Rabbinical Assembly
Reconstructing Judaism
Reconstructionist Rabbinical Association
ROC United
Safe Schools Action Network
Sojourners
The Advocacy Institute
The Education Trust
The Shalom Center
The Sikh Coalition
The Trevor Project
The Workers Circle
True Colors United
UAW
UFCW OUTreach
Union for Reform Judaism

**State & Local Organizations:**

ACLU of Georgia
Asian Americans Advancing Justice - Atlanta
Avondale ACTion--An Indivisible Group
Buffalo Jewish Community Relations Council
Carolina Jews for Justice
Colorado Children's Campaign
Colorado Justice Advocacy Network
Covenant Community Church UCC
Democrats for Education Reform DC
DFER Colorado
Disability Rights Maryland
Disability Rights Michigan
Disability Rights Oregon
Disability Rights Vermont
Education Law Center-PA
Education Reform Now CT
Educators for Excellence, Los Angeles
Equality California
Faith in Public Life
FL National Organization for Women
Florida Council of Churches
Florida Health Justice Project
Florida State LULAC
Georgia Coalition for the People's Agenda
Georgia Equality
Georgia Stand-up
Greater Nashville Jewish Community Relations Committee
Greater Orlando National Organization for Women (NOW)
Hopewell City Public Schools
Illinois Migrant Council
Indiana Disability Rights
Indianapolis Jewish Community Relations Council
Indivisible Georgia Sixth District
JCRC Jewish Federation of Nashville
JCRC of Jewish Silicon Valley
Jewish Alliance of Greater Rhode Island
Jewish Community Relations Council for Tucson & Southern Arizona
Jewish Community Relations Council of Broward County
Jewish Community Relations Council of Greater Boston
Jewish Community Relations Council of Greater Charleston
Jewish Community Relations Council of Greater Hartford
Jewish Community Relations Council of Greater Phoenix
Jewish Community Relations Council of St Louis
Jewish Community Relations Council of the Bay Area
Jewish Council on Urban Affairs
Jewish Federation of Greater Ann Arbor
Jewish Federation of Greater Philadelphia
Jewish Federation of Greater Portland
Jewish Federation of Greater Rochester, NY
Jewish Federation of Greater Toledo
League of Education Voters
Levine Center to End Hate at the Jewish Federation of Greater Rochester
LULAC Council 7259
Maine Parent Federation
Mazzoni Center
Men Stopping Violence, Inc.
Michigan Alliance for Special Education
Michigan Developmental Disabilities Council
Michigan Education Justice Coalition
New Orleans Youth Alliance
North Jersey Pride
Pilgrim Church UCC
Planned Parenthood Southeast Advocates
Project Butterfly New Orleans
Rad Family, a project of North Jersey Pride
Refugee Women's Network
SOMA Justice
Temple Beth El
The Fannie Lou Hamer Center For Change
The Jewish Federation of the Bluegrass
Towards an Anti-Racist North Kingstown (TANK)
Tzedek Georgia
Unitarian Universalist Church of Birmingham
We Vote. We Win.
Women's Law Project
Woodlawn United Methodist Church
YWCA Kalamazoo